

Instructions for Your Appointment:

Pre-Treatment:

1. No solid food or milk products for four (4) hours before your treatment time. You may have a clear liquid (tea, coffee, Gatorade) two hours before your appointment.
2. Food and beverages are not permitted during treatment.
3. You may bring music of your choice, preferably relaxing type, and headphones. You may bring your own pillow and blanket for comfort. No watching movie or reading during the treatment.
4. Discuss with us what medicine to take day of treatment. Please no narcotics or benzodiazepines on the day of infusion.
5. Please wear comfortable clothes for an appointment, which allows us to place monitoring device during infusion.

Post- Treatment:

1. No driving for 24 hours after a treatment.
2. No alcohol consumption within 24 hours after completing the treatment.
3. You may return to regular diet immediately after infusion as tolerated and if no symptoms of nausea.
4. You may resume normal schedule for your medicine.
5. If you experience any chest pain, shortness of breath, increasing weakness, hives or swelling, please call 911 or go to emergency room. It is normal to feel fatigue the day of infusion.
6. Due to possible confusion or memory problems, we do not recommend you engage in any activities that may affect your decision making process, including financial decisions, legal decisions, employment decisions, etc.

7. Please contact us for any questions after the treatment.

Hot Springs Re-Treat Clinic.